IF YOUR PARTNER...

- puts you down, calls you names, humiliates, or scares you.
- makes you feel afraid by threatening looks, gestures, destroying property, displaying weapons, or abusing pets.
- makes light of their actions or denies hurting you.
- makes all the decisions and treats you in a possessive or jealous manner, controls what you do, who you see or talk to, where you go, what you wear, or uses jealously as an excuse.
- threatens to leave you, or harm themselves if you leave.
- makes you feel like you're walking on eggshells.
- forces or manipulates you to have sex or engage in sexual acts that make you feel uncomfortable.
- hits, punches, kicks, shoves, chokes, tries to restrain you, pulls you by your hair, or otherwise harms you physically.
- threatens to take your children from you, forces them to choose sides or threatens to harm them.

YOU MAY BE IN AN ABUSIVE RELATIONSHIP.

Recognizing that something has to change is the first step. Safe Home is here to help you explore your options and seek safety.

WHEN YOU'RE READY, WE'RE HERE TO HELP.

ywca Hanover Safe Home

Free and confidential services for those impacted by domestic violence.

24/7 Hotline: 717-632-0007

GET IN TOUCH

OFFICES IN HANOVER & GETTYSBURG

24/7 Hotline:

717-632-0007

www.ywcahanover.org

MAILING ADDRESS:

23 West Chestnut Street

Hanover, PA 17331

SERVICES FOR THOSE IMPACTED BY DOMESTIC VIOLENCE

ywca Hanover Safe Home

Domestic violence is a pattern of controlling and intimidating behavior used by one person to gain power and control over another in an intimate or familial relationship.

Domestic violence can happen to anyone regardless of race, age, sexual orientation, religion, sex, or gender identity. Domestic violence affects people of all backgrounds and education levels. Domestic violence can occur in an intimate or family relationship, regardless of sexual orientation or gender, and can happen to intimate partners who are married, living together, dating, or share a child.

WHAT DOMESTIC VIOLENCE CAN LOOK LIKE

Physical Abuse: Hitting, slapping, punching, shoving, kicking, burning, strangulation/ choking, using weapons or other objects to threaten or to cause injury.
Sexual Abuse: Forcing, manipulating, or coercing a partner to engage in unwanted sexual acts; refusing to practice safe sex; forcing pregnancy; treating a partner like a sex object.
Emotional Abuse: Name-calling and putdowns; denying/shifting blame; treating a partner as an inferior; threatening to harm self or others; threatening a partner's wellbeing, including threatening to have a partner deported or hospitalized; stalking and harassment; using threatening looks, actions, or gestures.
Economic Abuse: Stealing or destroying belongings and/or money; preventing a partner from getting or keeping a job; not letting the partner know about or have access to family income; damaging or ruining a partner's credit.

OUR SERVICES

24-hour hotline and crisis response available by calling (717) 632-0007
Trained staff and volunteers are available 24/7, 365 days a year; call to speak with a trained staff member who can respond immediately to help plan for safety, assess and make referrals, or just listen. All calls are free and confidential, and translation services are available.

Emergency safe housing and/or referrals to local shelters
Staff can help identify emergency safe housing options, make referrals to other shelters, or assist with temporary shelter.

Legal advocacy, including assistance with filing protection orders
Staff can provide information on the protective order process, assist in the drafting and filing of protection orders, court accompaniment to court hearings, and make referrals for civil legal assistance.

Options counseling
Staff are available to help you identify possible options for your safety and available services so that you can make informed decisions about your own safety and needs.

Referrals
Staff are able to make referrals to services such as housing programs, counseling, attorney consultations, safe pet programs, substance abuse treatment, and more, all while providing assistance and support to navigate the referral process and coordinate services.

Safety Planning
Staff will assist in developing a plan to identify ways to remain safe while in a relationship, planning to leave, or after you leave, including what to do in a crisis situation, how to cope with emotions, telling friends and family about the abuse, and the steps to be taken in the event of legal action.

Support Group
Peer support groups are offered weekly for those who are currently in an abusive relationship or have already left one. Our groups are a safe space to learn, process, and heal.

Temporary Housing Programs
Staff can assist with applying for Safe Home's housing programs. Our housing programs can provide rental assistance paired with intensive case management. In these programs you will establish goals and receive assistance in achieving safe and sustainable housing.

Community outreach and education
Staff routinely engage in public events, awareness-raising events, and hold community trainings to spread the word about our services and the impact of domestic violence. Staff are also trained facilitators in an evidence-based violence prevention curricula, designed to be developmentally appropriate for students in every grade.

ALL SERVICES ARE FREE, CONFIDENTIAL, AND SELF-DIRECTED.